

BACK FROM THE FIRE



CHOREOGRAPHED BY JEF CAMPS, ROY VERDONK & ELINE DE KOK (FEBRUARY 2018)

MUSIC: 'BACK FROM THE FIRE' BY GOLD BROTHER

2 WALL LINEDANCE – 30 COUNTS

LOWER ADVANCED LEVEL (1 TAG – 1 RESTART)

S1: DIAGONAL STEP-LOCK-STEP, STEP-LOCK, KNEE POP, DROP, BACK, 3/8 STEP, 3/4 TURN, DIAGONAL ROCKING CHAIR

1&2& 1/8 TURN L & LF STEP FORWARD, RF LOCK BEHIND LF, LF STEP FORWARD, RF STEP FORWARD (10:30)

3&4& LF LOCK BEHIND RF, POP R KNEE UP WHILE LIFTING R HEEL, DROP R HEEL, LF STEP DIAGONALLY R BACK (10:30)

STYLING: WHEN POPPING THE KNEE YOU CAN LIFT YOUR R SHOULDER AND BEND YOUR HEAD TOWARDS THE R SHOULDER

5 3/8 TURN R & RF STEP FORWARD (3:00)

6& 1/2 TURN R & LF STEP BACK, 1/4 TURN R & RF STEP SIDE (12:00)

7&8& 1/8 TURN R & LF ROCK FORWARD, RECOVER ON RF, LF ROCK BACK, RECOVER ON RF (1:30)

S2: STEP, 1/8 SWEEP, CROSS, BACK, BACK, CROSS, BACK, 1/4 SIDE, TOUCH, POINT, JAZZ BOX, CROSS

1-2 LF STEP FORWARD, RF SWEEP FORWARD MAKING 1/8 TURN L (12:00)

&3&4 RF CROSS OVER LF, LF STEP DIAGONALLY BACK, RF STEP DIAGONALLY BACK, LF CROSS OVER RF

&5 RF STEP BACK, 1/4 TURN L & LF STEP SIDE (9:00)

6& RF TOUCH NEXT TO LF, RF POINT TO SIDE

7&8& RF CROSS OVER LF, LF STEP BACK, RF STEP SIDE, LF CROSS OVER RF

S3: STEP, 3/4 HINGE TURN, CROSS ROCK/RECOVER, SIDE, CROSS, SIDE, SAILOR

1-2& RF STEP SIDE, MAKE 3/4 SPIRAL TURN L ON RF (LF HOOKED), STEP FORWARD ON LF (12:00)

3& RF ROCK SIDE, RECOVER ON LF

4&5 RF CROSS OVER LF, LF STEP SIDE, RF CROSS BEHIND LF & SWEEP LF BACKWARDS

6& LF CROSS BEHIND RF, 1/4 TURN R & RF STEP FORWARD (3:00)

7&8& LF ROCK FORWARD, RECOVER ON RF, LF STEP BACK, RF CLOSE NEXT TO LF

S4: BACK, 1/8 SIDE, CROSS, SIDE ROCK/RECOVER, CROSS ROCK/RECOVER, 1/4 STEP FWD, MAMBO STEP, TOUCH

1-2& LF STEP FORWARD, 1/2 TURN L & RF STEP BACK, 1/4 TURN L & LF STEP SIDE (6:00)

3&4& RF CROSS OVER LF, RECOVER ON LF, RF STEP SIDE, LF CROSS OVER RF

5-6& RF BIG STEP SIDE WHILE SWEEPING LF 1/8 TURN L, LF CROSS BEHIND RF, RF STEP SIDE SLIGHTLY FWD (4:30)

RESTART: IN WALL 3 AFTER 24 COUNTS (4:30)

DANCE UP TO COUNT 8& FROM THE 3RD SECTION AND ADD A 1/8 TURN R BEFORE RESTARTING THE DANCE TO THE BACK WALL

TAG + RESTART: IN WALL 6 AFTER COUNT 14& (3:00)

DANCE UP TO COUNT 6& FROM THE 2ND SECTION AND ADD FOLLOWING STEPS BEFORE RESTARTING TO THE FRONT WALL (STEPS ON NEXT PAGE)

TAG + RESTART:

- 1 1/8 TURN R AND PUT WEIGHT ON RF (4:30)
- 2-3 BEND THROUGH KNEES AND LEAN FORWARD WHILE SNAPPING FINGERS, STRETCH UP
- 4-5 BEND THROUGH KNEES AND LEAN FORWARD WHILE SNAPPING FINGERS, STRETCH UP
- 6-7 BEND THROUGH KNEES AND LEAN FORWARD WHILE SNAPPING FINGERS, STRETCH UP
- 8 BEND THROUGH KNEES AND LEAN FORWARD WHILE SNAPPING FINGERS

STYLING: BRING BODY AND ARMS SLIGHTLY IN WHEN BENDING AND OPEN UP WHEN STRETCHING UP

- 1-2 1/2 TURN L AND BRING WEIGHT ON LF, RF LOCK BEHIND LF AND POP L KNEE UP WHILE SNAPPING FINGERS (10:30)
- 3-4 LF STEP FORWARD, RF LOCK BEHIND LF AND POP L KNEE UP WHILE SNAPPING FINGERS (10:30)
- 5-6 LF STEP FORWARD, RF LOCK BEHIND LF AND POP L KNEE UP WHILE SNAPPING FINGERS (10:30)
- 7-8 LF STEP FORWARD, RF LOCK BEHIND LF AND POP L KNEE UP WHILE SNAPPING FINGERS (10:30)

STYLING: IN THOSE LOCKS MAKE A ROLLING MOVEMENT

