I RISE AGAIN

Music: 'I Rise Again' by Caleb Raines
Choreography: Jef Camps (BE – June 2026)
48 counts – 2 Wall – Advanced Level

Intro: 16 counts, start facing 6:00

S1: Back, ½ Turn L, Recover, Ball, Back, Sweep, Behind-Side-Cross, Scissor, Weave

1-2 LF point back and make ½ turn L putting weight on LF, recover weight on RF (12:00)
&3 LF close next to RF, RF step back & sweep LF back
4&5 LF cross behind RF, RF step side, LF cross over RF
6& RF rock side, recover on LF
7&8& RF cross over LF, LF step side, RF cross behind LF, LF step side

S2: Cross, Sweep, Cross, ½ Hinge Turn, Cross, Unwind Full Turn, Side, Back Rock/Recover, ½ Hinge Turn

1 RF cross over LF & LF sweep forward
2&3 LF cross over RF, ¼ turn L & RF step back, ¼ turn L & LF step side (6:00)
4&5 RF cross over LF, full unwind turn L, RF large step side (6:00)
6-7 LF rock back in diagonal, recover on RF
8& ¼ turn R & LF step back, ¼ turn R & RF step side (12:00)

S3: Cross, Sweep, Step, Tap, Back, Sweep, Behind, ¼ Fwd, ½ Arabesque, ¾ Turn, NC Basic

1 LF cross over RF, RF sweep forward
2&3 RF step forward, LF touch behind RF, LF step back & sweep RF back
4& RF cross behind LF, ¼ turn L & LF step fwd (9:00)
5 ½ turn L on ball of LF while stretching R-leg back (in the air) (3:00)
6& RF step down, ½ turn L & LF step forward (9:00)
7-8& ¼ turn L & RF large step side, LF rock back, recover on RF (6:00)

S4: ½ Turn, Cross, NC Basic, ¼ NC Diamond, Weave

1-2& ¼ turn R & LF step back, ¼ turn R & RF step side, LF cross over RF (12:00)
3-4& RF large step side, LF rock back, recover on RF
5-6& LF large step side, 1/8 turn R & RF step back, LF step back (1:30)
7-8& 1/8 turn R & RF large step side, LF cross over RF, RF step side (3:00)

S5: Diag. Rock Back/Recover, Ball, Diag. Rock Back/Recover, ½ Hinge, Large Side, Knee Swivel, Kick, ½ Turn, Together

1-2& LF rock back in diagonal, recover on RF, LF step side on ball (1:30)
3-4 RF rock back in diagonal, recover on LF (4:30) ***RESTART POINT***
&5 ¼ turn L & RF step back, ¼ turn L & LF large step side (9:00)
6&7 While gliding R-toes in front of RF swivel R-knee in-out-in into R kick forward swinging it clockwise in the air and starting to turn ½ turn R on LF
8 Finish ½ turn R by closing RF next to LF (3:00)

S6: Cross, Side Rock, ¼ Recover, Step Fwd, Full Turn, Mambo Fwd, Run Back

1-2&3 LF cross over RF, RF rock side, ¼ turn L putting weight on LF, RF step forward (12:00)
4&5 ½ turn R & LF step back, ½ turn R & RF step forward, LF step forward (12:00)
6&7 RF rock forward, recover on LF, RF step back
8& LF run back, RF run back

Have fun!

Restart: In wall 2 and 5 dance up till counts 36 and add following step before restarting the dance

& ¼ turn L & RF step back
1-2 LF point back and make ½ turn L putting weight on LF, recover weight on RF (12:00) => start of the dance