



MAKE NO PROMISES



Intro 64 counts

Choreographed by
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Choreographed to
"Promises" by Calvin Harris & Sam Smith

64 COUNTS – INTERMEDIATE LEVEL – 2 WALL

Section 1 1-2&3 4-5-6 7&8	Cross, Toe Switches, Rolling Vine, Cross Samba RF cross over LF, LF touch side, LF close next to RF, RF touch side ¼ turn R & put weight on RF, ½ turn R & LF step back, ¼ turn R & RF step side LF cross over RF, RF step side, LF step side & angle body to L-diagonal	12:00
Section 2 1-2-3 4&5-6 &7-8	Cross, ½ Hinge Turn, Diag. Step-Lock-Step, Hold, Ball, Step, Brush, 1/8 Hitch RF cross over LF, ¼ turn R & LF step back, ¼ turn R & RF step side 1/8 turn R & LF step forward, RF lock behind LF, LF step forward, hold RF close next to LF, LF step forward, RF brush next to RF while turning 1/8 L on LF	6:00 7:30 6:00
Section 3 1-2 3&4 5-6 7&8	Cross, ¼ Back, Step-Lock-Step Bwd, Rock Back/Recover, Shuffle ½ Turn RF cross over LF, ¼ turn R & LF step back RF step back, LF lock in front of RF, RF step back LF rock back, recover on RF ¼ turn R & LF step side, RF close next to LF, ¼ turn R & LF step back	9:30 3:00
Section 4 1-2 3-4 5-6 &7-8	Rock Back/Recover, Full Turn, ¼ Side, Hold, Ball, Side, Touch RF rock back, recover on LF ½ turn L & RF step back, ½ turn L & LF step forward ¼ turn L & RF step side, hold LF close next to RF, RF big step side, LF touch next to RF	3:00 12:00
Section 5 1-2 3&4 5-6 7&8	Step, ½ Back, Coaster Step, Step, ½ Back, Shuffle ½ Turn LF step forward, ½ turn L & RF step back LF step back, RF close next to LF, LF step forward RF step forward, ½ turn R & LF step back ¼ turn R & RF step side, LF close next to RF, ¼ turn R & RF step forward	6:00 12:00 6:00
Section 6 1-2-3 4&6 6-7-8	Press, Recover/Sweep, Back/Sweep, Sailor, Stomp, Heel Swivels Turning ¼ LF press forward, recover on RF & sweep LF back, LF step back & sweep RF back RF cross behind LF, LF step side, RF stomp into R diagonal Swivel both heels to R, swivel both heels to L, swivel both heels to R while turning ¼ L	3:00
Section 7 1-2& 3-4 5&6 7-8	Heel Grind, Ball, Cross, Side, Sailor Step, Behind, ¼ Step Fwd R-Heel cross over LF, RF twist toes to R while stepping LF side, RF close next to LF LF cross over RF, RF step side LF cross behind RF, RF step side, LF step side RF cross behind LF, ¼ turn L & LF step forward	12:00
Section 8 1&2& 3&4 5-6 7-8	Press, Recover/Sweep, Back/Sweep, Sailor, Stomp, Heel Swivels Turning ¼ RF step heel into R diagonal, LF step heel into L diagonal, RF step back, LF close next to RF RF kick forward, RF close next to LF, LF step forward RF stomp forward, bounce ¼ turn L on heels Bounce 1/8 turn L on heels, bounce 1/8 turn L on heels (6:00)	9:00 6:00
EXTRA'S		
Tag 1-2-3-4 5-6-7-8 1-2 3&4 5-6 7-8	After wall 1 (6:00) and wall 3 (12:00) add following steps before restarting the dance RF cross over LF, LF sweep forward, LF cross over RF, RF step side LF cross behind RF, RF sweep back, RF cross behind LF, ¼ turn L & LF step forward RF step forward, ½ turn L putting weight on LF ½ turn L & RF step back, LF close next to RF, RF step back ½ turn L & LF step forward, ¼ turn L on LF & RF touch side ¼ turn L on LF & RF touch side, ¼ turn L on LF & RF touch side	
Ending 1-2-3-4 5-6-7-8	Dance the first 8 counts of the tag to the back and add following steps to finish to 12:00 ¼ turn L RF step side and push R-hand forward and start raising it (over 4 counts) Push L hand forward and start raising it (over 4 counts) And slowly pull both hands in towards chest	6:00